



MN Landscape Arboretum, near Assembly site

ASSEMBLY 2011
Sandplay Therapists of America™, Inc.
October 21-23, Chanhassen, MN

Training, Annual Members Meeting & Regional Forum
Country Inn & Suites, Chanhassen, MN

Co-sponsors
Sandplay Therapists of America™, Inc.
Minnesota Sandplay Therapy Group

STA's new Assembly format expands the Annual Members Meeting to provide more affordable, accessible services and opportunities for certification, as well as community building and a great time.

STA Education Committee

Sandplay Therapists of America is actively working to encourage and support diversity in the economic, cultural, racial, gender, and sexual orientation of our community.

STA Diversity Committee

The Assembly partnership between STA and the first regional group, MSTG, addresses many of the requests from members and regional groups, as documented in the 2009 Regional Task Force Report, at the 2010 National Conference Regional Lunch in Boulder, and in by input from the Council in 2011.

STA Board of Trustees
Regional Development & Support

MSTG is pleased to co-sponsor the Assembly with STA, and will host an open house suite for networking, socializing, and relaxing. Visitors will have an opportunity to meet MSTG members and browse the MSTG miniatures, a rare opportunity for non-members.

MSTG Board of Directors

Schedule

Friday, October 21

- 8:00am Registration & Check-In
STA Board Meeting
- 8:30am FM 1 *Sand & Psyche: An Introductory Seminar on Sandplay Therapy*
Ellen Saul, MS, LP, CST-T, Faribault, MN
Stephen Olmsted, PhD, CST-T, Duluth, MN
- 10:00am Break
- 10:15am FM 1 *Sand & Psyche: An Introductory Seminar (cont'd.)*
- 11:45am Lunch on your own
- 11:45am SILENT AUCTION OPENS
- 1:30pm FA 1 *Sand & Psyche: An Introductory Seminar (cont'd.)*
FA 2 *A Child's Wishes: Healing from Early Childhood Trauma*
Christine Bergman (sponsor, Jill Kaplan)
FA 3 *"Joy" Finds Herself and a Place to Call Home*
Carol Wells (sponsor, Tessamarie Capitolo)
- 3:00pm Break
- 3:15-4:45pm FA 1 *Sand & Psyche: An Introductory Seminar (cont'd.)*
FA 4 *From Overwhelm to Taking the Helm: A young boy's maturing in the temenos of sandplay.* Elizabeth Baring (sponsor, Trudy Rankin)
FA 5 *Veins of Gold: An Addict's Alchemical Journey*
Lydia Lennihan (sponsor, Rie Rogers Mitchell)
FA 6 Group Case Consultation * (STA Suite)
- 6:00pm Registration & Check-In
- 6:15pm Reception & Opening Ceremony
- 7:00pm Keynote Address
STA-List: Affordable, Accessible, Archetypal Sandplay—Available to All?
Barbara Weller, MSW, LICSW, CST-T

Saturday, October 22

- 8:00am Registration & Check-In
8:30am SM 1 *Written in the Sand*. Lynne Ehlers (sponsor, Jill Kaplan)
SM 2 *Cleansing the Wounded Spirit with Centering in the Presence of Fire*
Juanita McCabe (sponsor, Joe Meyer)
10:00am Break
10:15am SM 3 *War of the Ancient Dragon*. Laurel Howe (sponsor, Barbara Weller)
SM 4 *Going Towards Fear*. Gretta Keene (sponsor, Trudy Rankin)
11:45am Mentoring Lunch
1:30pm SA 1 *Mirrors, Mounds & Meanders: Healing in Mid-life from Childhood
Abandonment & Abuse* Ellen Searle LeBel (sponsor, Tessamarie Capitolo)
SA 2 *Mentoring Session: Writing Preliminary Papers & Final Case Study*
Rie Rogers Mitchell, Maria Chiaia, Audrey Punnett
3:00pm Break
3:15-4:45pm SA 3 *Touching the Hearts of Children: Sandplay as a Neurosensory
Approach to Repairing Attachment*. Maretta Juarez (sponsor,
Judy Zappacosta)
SA 4 *The Experience of Bollas's 'Unthought Known' in Sandplay Process*
Antoinette Eimers (sponsor, Olivia Heathcote)
SA 5 Group Case Consultation * (STA Suite)
5:45pm Reception
6:15pm SILENT AUCTION CLOSES
6:30pm Dinner, with Members Meeting & Elections (All invited; certified members vote)

Sunday, October 23

- 8:00am Regional Council & Special Provider Breakfast*
Special Providers: STA Teaching Members, CST-Ts, who are *particularly available at
this time* to provide services at a sliding scale.
9:00am REGIONAL FORUM:
MSTG: One Regional Group—A Work in Process!
Barbara Weller, Joseph Meyer, Ellen Saul, Carol Burling
9:45am *Hot Topics in Sandplay*, Panel & Discussion
 - Accessibility & Diversity
 - Regional Training Model(s)
 - New Media
 - Regional Networking
 - Open TopicsModerator: Olivia Heathcote
Panel: Tessamarie Capitolo, Sana Loue, Maria Chiaia, Audrey Punnett,
V. Bunnell Graham
11:45am Closing Ceremony

* Case Consultation: Group & Individual

Please contact Consultation Coordinator Roz Heiko info@drheiko.com and let her know:
1) if you will attend Fri. and/or Sat. Group Case consultation(s); 2) if you have a child or
adult case to present in the group or will just be attending; and 3) if you also want to
arrange individual case consultation at the Assembly hourly rate of \$75.

Program

Workshops, Pine & Oak Rooms; Case Consultation, STA Suite

Friday, October 21

Morning

FM 1 Ellen Saul, MS, LP, CST-T Fairbault, MN

Stephen Olmstead, PhD, CST-T, Duluth, MN

Sand and Psyche: An Introductory Seminar on Sandplay Therapy

Sandplay therapy is an expressive therapy based on the work of Carl Jung and developed by Dora Kalff. The client uses a sandtray, water, and hundreds of miniature objects to create scenes, designs, and pictures, which reflect conscious and unconscious contents of the psyche. Through the sandplay process and the relationship with the therapist, the client can address traumatic events and access the healing power of the Self.

Afternoon

FA 1 Ellen Saul, MS, LP, CST-T, Fairbault, MN

Stephen Olmstead, PhD, CST-T, Duluth, MN

Sand and Psyche: An Introductory Seminar on Sandplay Therapy (Continued)

FA 2 Christine Bergman, MA, LMHC, CST Candidate, Tampa Bay, FL

A Child's Wishes: Healing from Early Childhood Trauma

A four-year old girl journeys from terror of trauma to peace and security in knowing that hers is a life in which "all my wishes can come true."

FA 3 Carol Wells, LISW, CST, Taos, NM

"Joy" Finds Herself and a Place to Call Home

"Joy" begins therapy in a dissociated state, absorbed in fantasy, and cut off from most aspects of self and world. The lure of sand and miniatures draws her from her protective tower. Fragments of Joy's psyche differentiate, come into relationship with each other, and integrate into a more complete whole.

FA 4 Elizabeth Baring, MS, LCAT, LP, SP, New York City & Chestnut Ridge, NY

From Overwhelm to Taking the Helm: A young boy's maturing in the temenos of sandplay

This case illustrates the unfolding and healing experience of a 6-year old boy. Philip was aggressive towards his mother, threatening to kill her. He was able to integrate and transform these energies, feeling nourished physically and emotionally through his work and relationship with the therapist in the *temenos* she created.

FA 5 Lydia Lennihan, LPCC, STA Associate, CST Candidate, Albuquerque, NM

Veins of Gold: An Addict's Alchemical Journey

This case follows the descent of a heroin addict into the underworld. The sandtray holds the space for the enactment of the classic stages of initiation, including separation, the liminal, and re-integration, allowing the client to experience transformative alchemical processes, which lead to the creation of new meaning and the choice of life.

Friday Evening

Greeting & Introduction: Regina Driscoll, PhD, Chair, STA Board of Trustees

KEYNOTE ADDRESS

Barbara Weller, MSW, LICSW, Duluth, MN

STA-List: Affordable, Accessible, Archetypal Sandplay—Available to All?

From Switzerland, Sandplay Therapy has spread throughout Europe, Asia, North and South America, Australia and the Middle East, since the founding of the International Society in 1985. Sand, water, toys, and a free and protected space have a universal attraction...but is everyone invited to play? Symbols are a universal language. Can we make that language available to all who want to speak it?

Barbara is a founding member of Sandplay Therapists of America and the Minnesota Sandplay Therapy Group. She has 45 years experience in clinical social work, and has been studying, practicing, and teaching Sandplay Therapy since 1980. She is currently in private practice on the north shore of Lake Superior in Minnesota.

Saturday, October 22

Morning

SM 1 Lynn Ehlers, PhD, CST Candidate, SP, San Francisco & Albany, CA

Written in the Sand

During an intense and poignant nine-year therapy, Emily's seven trays-with almost no figures-express despair over her mother's death; her self-loathing; the seismic upheavals in her psyche; her struggle to bring irreconcilable opposites together; and her triumph over anger and despair.

SM 2 Juanita McCabe, MS, LPC, CSAC, SP, New Richmond, WI

Cleansing the Wounded Spirit with Centering in the Presence of Fire

A nine-year old girl's disclosure of sexual abuse by a relative triggers an episode of obsessive-compulsive disorder. She is able to utilize sandplay to heal her wound of sexual abuse and reduce her obsessive-compulsive behaviors. The case has beautiful examples of centering in mandalas and the alchemical process of purification by fire.

SM 3 Laurel Howe, MA, JA, CST, Denver, CO

War of the Ancient Dragon

Six-year old "Randy," nearly expelled from school for bullying, goes through a protracted burning and warring process in sandplay therapy. We explore his uncanny alchemical process and narrative, amplifying the symbols of war, fire, ash, torture, and the new king.

SM 4 Gretta Keene, LCSW, Psychoanalyst, CST Candidate, Brooklyn, NY

Going Towards Fear

"Celia" a highly intelligent three-and-a-half-year old girl suffered from excessive anxiety. She literally "dove" into watery sandplay sessions, creating rituals and symbolic dramas where she confronted, contained and conquered her fears. Within five months, her behavior was noticeably altered and she successfully entered a new school.

Saturday Afternoon

SA 1 Ellen Searle Lebel, LMFT, SP, CST Candidate, Board Certified Dance Movement Therapist, Arcata, CA

Mirrors, Mounds & Meanders: Healing in Mid-life from Childhood Abandonment & Abuse

Over the course of an 8-year therapy, Anna revealed her physical and relational trauma and shaped a landscape of healing images with many mounds, meandering rivers and paths, and mirrors. We see the emergence of archetypal images of the divine child, nurturing feminine figures and a vivid integration of the Self.

SA 2 Rie Rogers Mitchell, PhD, CST-T, RPT-S, Calabasas, CA

Maria Chiaia, PhD, JA, CST-T, San Francisco, CA

Audrey Punnett, PhD, JA, CST-T, Fresno, CA

Mentoring Session: Writing Preliminary Papers and the Final Case Study

This session will cover: (1) steps in selecting a subject for the preliminary papers, deciding on a final case, and identifying an advisor and readers; (2) criteria for papers and case study; and (3) approval process.

SA 3 Maretta Juarez, LCSW, CIIM, SP, CST Candidate, Gilroy, CA

Touching the Hearts of Children: Sandplay as a Neurosensory Approach to Repairing Attachment

Sandplay becomes a “heartfelt” experience that heals the deep psychological wounds held in the implicit memory. Adopted at birth, three-year old Lori suffered severe trauma that wounded her sense of self and self in relation to others. In her sandplay process, ruptures are repaired and love is rediscovered on a neurosensory level.

SA 4 Antoinette Eimers, PsyD, MFT, SP, CST Candidate; Tustin, CA

The Experience of Bollas’s ‘Unthought Known’ in Sandplay Process

In the process of a seven-year old triplet, a powerful dimension is activated as he explores ancient archetypes that facilitate healing energies within his psyche. He explored and bore witness for his two brothers, bridging inner and outer worlds, and holding the space where at one time they were one.

Saturday Evening

RECEPTION & DINNER

Members Meeting & Elections (All are invited, only certified members vote.)

Presiding: Regina Driscoll, Chair, STA Board of Trustees

Sunday, October 22

8:00am - Regional Council & Special Provider Breakfast

Welcome and Introduction: Tessamarie Capitolo, STA Chair, Diversity, Scholarships, and Special Providers (STA Teaching Members, CST-Ts, who are *particularly available at this time* to provide services at a sliding scale.)

9:00am REGIONAL FORUM

Welcome and Introductions:

Olivia Heathcote, EdD, MFT, CST-T, Chair, STA Education Committee

MSTG: One Regional Group-A Work in Process! How we started and what was important • How we grew—light and dark • Where we're going—a taste of the process.
Barbara Weller, MSW, LICSW, CST-T; Joseph A. Meyer, MASW, LICSW, CST-T;
Ellen H. Saul, MS, LP, CST-T; Carol Burling, DMin, SP

Regional Panel & Discussion

Moderator: Olivia Heathcote, EdD, MFT, CST-T, Chair, STA Education Committee

Topics & Panel Members:

- **Accessibility & Diversity:** Tessamarie Capitolo, LMFT, CST-T, San Rafael, CA
Sana Loue, JD, PhD, MPH, MSSA, MA, CST Candidate, Case University School of Medicine, Cleveland, OH
- **Regional Training Model(s):** Maria Chiaia, PhD, CST-T, Northern California Regional Sandplay Society, Berkeley, CA
- **New Media:** Training Tapes, On-Line Training, Social Media, etc.: Audrey Punnett, PhD, JA, CST-T, STA Vice-Chair, STA Media Chair, Fresno, CA
- **Regional Council Networking:** V. Bunnell Graham, PhD, ATR-BC, CST Candidate, Regional Council Representative, Daytona Beach, FL
- **Open Topics**

11:45am Closing Ceremony

Registration Form begins on next page...

Registration (you do not have to be a member to attend)

Online registration is available by going to the STA website <http://www.sandplay.org>

Due Dates	Fee
July 18 Early Bird Members Only	\$130 (2011 CST-T, CST, Practitioner, Associate)
July 18 Early Bird Non-Members	\$135
August 1 Regular	\$150
August 2 to Oct. 15	\$160
After October 15 & at the door	\$175
Full-time Student, Univ. ID	\$120

Last name _____
First name _____
Degree, License, STA member level _____
Special Provider: Yes No
Regional Council Representative: Yes No
Regional Group Name _____
Student/University & ID# _____
Street Address _____
City, State ZIP _____
Email (important! For in-house use only) _____
Phone _____ cell _____
Registration Fee \$ _____
Check _____
Visa/MC # _____ exp. Date _____
3-digit code on back of card _____

2nd Registration for guest 'sandplay friend' (STA Sponsored)

LIMIT: 20 certified members attending the Assembly may register one guest for trainings and event meals – an STA Associate or non-member who meets a diversity requirement: *economic, cultural, racial, gender, sexual orientation*. (Diversity Scholarships also available for Assembly and/or travel expenses.)

Last name _____
First name _____
Degree, License, STA member level _____
STA Associate Member Yes No
Regional Group name _____
Student/University _____
Address _____
City, State, ZIP _____
Email (important! For in-house use only) _____
Phone _____ cell _____

Registration Brochure & Form

View, Download & Print

<http://www.sandplay.org>

<http://www.minnesotasandplay.org>

Request a Mailed Copy

minnsandplay@gmail.com

Registration Form & Payment

1. On-Line with Credit Card Payment

<http://www.sandplay.org>

2. **Mail** Registration Page 8 with Credit Card Payment or Check payable to STA: MSTG, c/o Ethel Griggs, 53 Birchwood Rd. Mahtomedi, MN, 55115

Questions

Registration

minnsandplay@gmail.com

Program

sandford@ecentral.com

Scholarships

Members of diverse populations—*economic, cultural, racial, gender, sexual orientation*—are encouraged to apply to STA for a limited number of scholarships: sta@sandplay.org or call 925-478-8103.

Cancellation/Refund Policy

If your plans change, please submit a cancellation request in writing by **September 23, 2011** to: STA, PO Box 4847, Walnut Creek, CA 94596 or email sta@sandplay.org

All cancellations are subject to \$25 processing fee. Cancellations AFTER September 23, 2011, cannot be refunded, nor will refunds be given for non-attendance.

Accommodations/Assembly Hotel (reserve direct)

Country Inn & Suites, Chanhassen, MN

591 West 78th Street, P.O. Box 1010, Chanhassen, MN 55317

Conference Rate: \$89 double occupancy: 1 king or 2 queen beds

Reservations: 1-800-596-2375 US/Canada Toll-free

<http://www.countryinns.com/chanhassen-hotel-mn-55317/chanhass>

Local Hotel Telephone: (952) 937-2424, **Hotel Fax:** (952) 934-1945

Email: cx_chan@countryinns.com

Transportation

Air: Minneapolis-Saint Paul International Airport (MSP)

Ground Transportation:

<http://www.mspairport.com/GroundTransportation/van-and-shuttle-services.aspx>

Directions to Hotel: 591 W. 78th St., Chanhassen, MN

<http://www.countryinns.com/chanhassen-hotel-mn-55317/chanhass>

STA Credits

Up to 13.5 training hours, and/or two group consultation hours available.

Individual case consultation also available.* No CE's are available.

! SILENT AUCTION !

Please be generous in donating miniatures to support the silent auction. Sales benefit our Scholarship Fund. Carry-in items: log them in at the registration desk on arrival. Shipped items: Joe Meyer, 789 85th St., PO Box 337, Amery, WI 54001. Thanks for supporting STA scholarships!

Receptions & Meals

Registration includes: Friday reception; Saturday lunch, reception and dinner.

Continental breakfast is complimentary for lodgers at the Assembly hotel.