

*Ego Development  
and  
Manifestations of  
the Self:  
Sandplay with  
Children*

Saturday

January 15, 2011

8:30 AM – 4:00 PM

*Presented By*  
*Lauren Cunningham,*  
*MSW, MFT, JA*

Sponsored by  
Minnesota Sandplay Therapy Group  
53 Birchwood Road  
Mahtomedi, MN 55115



**Course Description**

Carl Jung considered the development of a strong ego that has a healthy relationship to the Self to be a fundamental task of the first half of life. Jung encouraged analyst Dora Kalff to develop the method that would bring Jung's psychology to the treatment of children. The result of Kalff's life work is sandplay therapy, based on the World Technique of Margaret Lowenfeld, British child psychiatrist.

In sandplay we can follow the layering of images imbued with energy from the Self throughout a series. Jung wrote that successive images of the Self build up gradually through a process of the psyche's circumambulation around the person's center that allows for the manifestation of different aspects of the Self to appear. Fordham, a Jungian analyst from UK, emphasized that symbols can only express parts of the Self because of the involvement of the ego. They imbue feelings of awe the closer they come to the energy of the Self (1985).\* In this workshop, Lauren Cunningham will explore the development of a child's ego strength in relationship to his/her connection to experiences of the Self through the creation of images in sandplay.

\*From Cunningham, L. "Approach to the Numinous in Sandplay: A bridge to creativity. Journal Sandplay Therapy, Vol. 18, No. 2, pp 44-67.

**Presenter**

Lauren Cunningham is a licensed clinical social worker and certified Jungian child analyst who lives and works in San Francisco. She has been a Teaching Member of the International Society for Sandplay Therapy (ISST) and its American affiliate, the Sandplay Therapists of America (STA) since 1987. She studied sandplay in Switzerland and the US with Dora Kalff, the developer of Jungian sandplay. She is a founding member of STA and was the founding editor of the Journal of Sandplay Therapy, a position she held for ten years. She studied at the C. G. Jung Institute of San Francisco and became a Certified Jungian analyst in 2005 and a Certified Child Analyst in 2009. She has taught nationally and internationally on sandplay therapy and Jungian psychology, specializing in its application to therapy with children, for more than two decades.

**Location**

Unity of the Valley Church  
4011 West Highway 13  
Savage, MN 55378

## Learning Objectives

The seminar participant will be able to describe:

- A Self image in a child's sandplay;
- How adult and child images of the Self differ;
- The development of successive images of the Self in a child's sandplay process;
- The correspondence of ego development with Fordham's de-integration and integration of the Self in sandplay images;
- Jung's circumambulation of the Self and the numinous;
- The progressive and regressive movements of the psyche (Jung and Joseph Henderson) in sandplay images.



## Continuing Education Hours

This workshop provides 5.5 seminar hours toward those required for ISST/STA certification in sandplay. Certificates of attendance will be available at the end of the day.

Approval of continuing education hours has been applied for from the Minnesota Boards of Social Work, Psychology, Marriage and Family Therapy and Licensed Professional Counselors.



Schedule	
Morning	
8:30 – 9:00	Registration and coffee
9:00 – 10:30	Is there such a thing as a "Self tray"? How do we recognize images of the Self?
10:30 – 10:45	Break
10:45 – 12:00	What does "the birth of the ego" mean? What is the layering of images of the Self through circumambulation? How does this appear in a child's sandplay process?
12 – 1:00	Lunch (provided)
Afternoon	
1:00 – 2:30	Fordham's integration/de-integration of the Self and the child's ego development
2:30 – 2:45	Break
2:45 – 4:00	"Progression and regression" of the psyche and its appearance in the sandplay images. Where is the child headed psychologically?



## REGISTRATION FEES

Early registration (paid by 01/08/11)

_____ MSTG member	\$75
_____ Non-member	\$90
_____ Full-time student	\$50

Late registration (paid after 01/08/11)

_____ MSTG member	\$90
_____ Non-member	\$105
_____ Full-time student	\$60

MSTG members can apply for scholarship assistance to Ethel Griggs, MSTG treasurer.

Make checks payable to "Minnesota Sandplay Therapy Group."

Mail registration form and payment to:

Ethel Griggs, MSTG treasurer  
53 Birchwood Road  
Mahtomedi, MN 55115

If you have additional questions, contact:

Carol Burling at [ceburling@earthlink.net](mailto:ceburling@earthlink.net).

To pay by credit card (PayPal), go to the Events page at the MSTG website:

[www.minnesotasandplay.org](http://www.minnesotasandplay.org).